

The Lake Primary School Weekly Newsletter



Issue #14

23rd May 2024

PO Box 62, CABARITA 3505

Ph: 5023 3468

the.lake.ps@education.vic.gov.au

Principal: Ms Bernadette Warburton
bernadette.warburton@education.vic.gov.au

School Webpage:

<http://web.thelakeps.vic.edu.au>

School Bank account:

BSB: 063520

ACC: 10057923

Important Dates

24/05/05/2024

Yrs 3-6 Assembly @ 2.40pm
Assembly Performance – 4/5A

05/06/2024

2025 Prep information afternoon
3-45pm-4.45pm

10/05/2024

Kings Birthday Public Holiday

Forward dates:

Monday 15/07/2024

Curriculum Day (Term 3 week 1)

Monday 04/11/2024

Curriculum Day (Term 4 week 5)
before Melbourne Cup public holiday

Principal Message – Week 6

Safety Education @ The Lake PS

Thank you to **Dr Charlie Roache** and **Dr Xavier Verdrik** who facilitated a very informative presentation on the risks, symptoms and signs of concussion to all year 3-6 students. This education session provided many opportunities for students to learn about the short and long term effects of concussion on the brain and the signs and symptoms to look for, for a suspected concussion. Along with these important messages was for students not to be scared to play sport, but in the event of a knock or fall, keep an eye out for the signs and symptoms!

Why is tackling banned from football played at school?

Football games on school grounds are a social game, played in a non-competitive way, which is very different to playing football for the local football league. When playing for competition, players have the following supports-

- Learning to tackle with a coach who has expert skills.
- Medical staff are on stand-by in case of an emergency.
- Trainers can assist players.



TOLERANCE RESPECT SUCCESS
LEARNING RESILIENCE

We hope to have students back playing 'touch football' next week! All students will need to have participated in the educational activities if they wish to play touch football at school. This is a priority to ensure all students can play safely. Thank you to **Mrs Leanne Dichiera & Mrs Kerry Rogerson** for organising our visiting doctors! 😊



Prep Enrolments 2025

Do you have a sibling or know a family that would like to enrol their child at The Lake in 2025?

Please inform any prospective families that planning has commenced for the 2025 school year! **Our Prep Information Session** will be held on **Wednesday 5th June commencing at 3:45pm**. If families are unable to attend this session, don't hesitate to contact the school to arrange a time for a tour!

Attitudes to School Survey

Feedback from students about their school is a high priority at The Lake and each year, students participate in the **Attitude to School Survey**. Feedback from this survey helps determine school improvement initiatives arising from student voice, informing us how students prefer to learn and the environment in which they learn best. As a result of this process, students have benefited from choosing new classroom furniture, suggesting new play equipment (Ga Ga Pit, outdoor chess game, outdoor pavement games), participating in fun lunchtime activities and creating new leadership roles. This year, students will participate in this survey on **Monday 27th May**.

Special Reading Time!

The benefits of having Grandma here reading at your school! Students and staff appreciate our volunteer's time 😊

Play Equipment After School

For safety reasons, **we ask that students do not play on any play equipment after school**. This has become an issue for staff on yard duty by not knowing which students are waiting for families to pick them up and which students have their family on school grounds already. Supervision then becomes super tricky! Thank you for your understanding.



Supervision Crossing Hours

As of **Monday 27th May**, Julie's hours for supervising the Seventeenth Street Crossing will change slightly. They will be **2:45pm to 3:45pm**. Please let your children know of this change.

School Uniform

With the chilly weather setting in lately, we ask that students are dressed appropriately for the weather conditions. There are many students arriving at school with only a short-sleeved polo top & shorts and are visibly cold! Also, please note that 'short' shorts (especially legging type shorts) are not appropriate for school! Please ensure that students are wearing the correct uniform.

All the best for a great week!

Ms. Warburton

'Every Student Matters, Every Moment Counts'

Take pride in being a 'Laker'- aim for 97% attendance or above!



The health and wellbeing of all students remains a top priority at The Lake Primary School. We have formal systems in place to identify, monitor and assist students who require additional support, either daily or on an 'as needs basis'. On Tuesday, all staff engaged in some very meaningful discussions around **student anxiety**. During this professional learning session, we discussed and identified what is a 'normal' amount of worry,

stress and nervousness compared to diagnosed anxiety. It is important to acknowledge that we all have worries and feelings of stress from time to time, but for most, it is brief. Some anxious children will grow out of their fears, but others will keep having trouble with anxiety unless they get professional help. When children's anxiety is severe or long lasting and affecting their everyday life, it is often described as an anxiety disorder. In these situations, it is important to seek professional help to support a child to manage their anxiety. At school, we continue to see a small handful of students struggle with saying 'goodbye' at morning drop offs. We acknowledge that this can be difficult for both the child and the parent. In the past, we have supported families to overcome this issue by engaging with some simple strategies, including –



- ✓ Having a staff member meet and collect the student from the car.
- ✓ Having the parent/guardian walk the student to the classroom door but not entering the classroom.
- ✓ Having some simple jobs to do at school upon arrival to act as a form of distraction.

If you are still experiencing some separation difficulties in the morning with drop-offs, please have a conversation with your child's classroom teacher, Miss Louise or Mr. Mac so that we can assist.

Kind Regards,

Mr. Mac and Miss Louise



'Worker of the Week' Awards'

Congratulations to the following students:



Bohdi Shean, Kade McGlynn, Jackari Kennedy, River Burley, George Barnes, Liana Heaysman, Lolah Arici, Ellenie Hugo, Theo Bott, Savannah Bowden, Jarvis Congress, Bailee Smythe, Jack Robinson, Bellazoe Simkin, Logan Gaulke and Alec Ross.

Thursday Lunches

Food Day - Thursday 30th May

Please return orders by Tuesday 28th May

Pie, Sausage Roll, 3x Party Pies \$4.00

Name Year

Pie 3 Party Pies Sausage Roll

Extra of the same selected \$2.00

Total amount enclosed \$.....



NO LATE LUNCH ORDERS ACCEPTED – For catering purposes, please be reminded that any lunch orders brought to the office on Wednesday will be handed back to the students.

Prep A News

Prep A have worked successfully with the Smart Spelling Program and our Word of the Week, which was 'hand'. Students have been busy combining their weekly sentence work with a craft activity to practice the word 'hand'. Well done Prep A for a great effort in Spelling this week!



FOOD ALLERGY WEEK®

ALLERGY & ANAPHYLAXIS AUSTRALIA

26 MAY - 1 JUNE 2024

FOOD ALLERGY WEEK 2024

Food Allergy Week aims to raise awareness of food allergy including anaphylaxis. During Food Allergy Week, Allergy & Anaphylaxis Australia is calling on all Australians to unite to help increase awareness and share information on what we can all do to improve safety for people who live with food allergies.



**Allergy & Anaphylaxis
Australia®**
Your trusted charity for allergy support